

SATURDAY 5 MAY

09:15-10:50 ROOM 18, BELLA CENTER

Physical Activity and Falls Working Group

Organisers: Tash Masud (Nottingham, UK) and Mark Lissens (Belgium)

09:15 WELCOME AND INTRODUCTION

Mark Lissens (Belgium)

09:20 HIGH IMPACT EXERCISE AND BONE - WHAT HAVE WE LEARNED FROM USING PHYSICAL ACTIVITY RECORDINGS?

T Jamsa (Oulu, Finland)

09:40 THE EFFECTS OF RESISTANCE EXERCISE ON OPG

K Brooke-Wavell (Loughborough, UK)

09:55 PHYSICAL ACTIVITY AND FALLS IN 70-80 YEARS OLD MEN - BASELINE DATA FROM THE SWEDISH MROS COHORT

E Ribom (Uppsala, Sweden)

10:10 THIGH MUSCLE AREA CORRELATES WITH BONE MINERAL DENSITY IN HEALTHY MEN AT THE TIME OF PEAK BONE MASS- RESULTS FROM THE ODENSE ANDROGEN STUDY

L Frederiksen (Odense, Denmark)

10:20 UNIFYING MICRODAMAGE AND DISUSE-TARGETED RESORPTION: A LACK OF OSTEOCYTE INHIBITION

R van Oers (Eindhoven, Netherlands)

10:30 THE PREVALENCE OF OSTEOPOROSIS AND VITAMIN D DEFICIENCY/INSUFFICIENCY AMONG ELDERLY PEOPLE WITH FALLS IN DENMARK

A Vind (Glostrup, Denmark)

10:40 THE EFFECTS OF EXHAUSTIVE RUNNING ON BONE METABOLISM

J Scott (Farnborough, UK)