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**Studies:**

Bachelor of Technology in Biotechnology

Master of Science in Regenerative Biology and Medicine

**Specialization:**

miRNAs in diabetic bone disease

### Short bio:

Hi

I'm Ankita from India. I received my undergraduate degree in Biotechnology in India and ever since moved away from home because at that time there wasn't much scope in India for stem cell biology, regeneration or even biotechnology to be fair. I spent a short period of my time at Stempeutics Research where I realised I wanted to be of some help to the public through biology, but not a medical practitioner. I started off as a trainee in NUS, Singapore where I was introduced to the world of epigenetic control and miRNAs. These experiences definitely helped me in building my path of happiness until now. Putting together this knowledge with that gained from my masters in Germany, I identified my area of interest which is the bone and miRNAs. So here I am, starting off my PhD under the FIDELIO-EU consortium at University of Sheffield investigating the role of miRNAs in diabetic bone disease.

### What do you expect from this training?

From this training I aim to make virtual connections and collaborations with people in my field that will supplement my career in all ways possible. Since I am 3 months into my PhD career, my main expectations would be to gather as much of the field information possible and retain them for use few months/years into my career. More than just a theoretical session, I would love it if this masterclass is planned on a more discussion basis in small groups or so. Since it is my first big conference/master class/symposium, I am curious to know what this session has in store for me and how I could benefit. I also want to make use of this opportunity to speak my voice given a chance, helping me gain confidence and overcome my fear of public speaking.

### Bonus question: What motivates you to get out of bed in the morning?

During the summers, it's always a walk outside to get some fresh air and soak in the sunshine before I start my day. Other things I look forward to are a bowl of porridge and ginger tea.