



Name: Michael McAlpine
City: St. Catharines, ON
Date of birth: April 23, 1991
Email: mike.mcalpine@brocku.ca
Twitter handle:
Studies: PhD Applied Health Sciences

Specialization: Health Biosciences

Short bio: I am a PhD student in my final year of study at Brock University in Ontario, Canada. My research focuses on the potential use of bioactives to support bone health throughout life-with a current focus on the consumption of teas. I am also a part-time University instructor teaching introductory nutrition as well as advanced sports nutrition.

What do you expect from this training? I expect the training to be an excellent opportunity to learn from some of the best bone researchers in the world as well as network with many up and coming researchers who will advance the field in the future.

Bonus question: What motivates you to get out of bed in the morning? The thought that I can improve the lives of my family and that what I find in the lab may impact the lives of others in the future