



Your Monthly News & Updates

Announcements and Events

Education and Events:

- ECTS Webinar - ECTS Academy: *Diversity in skeletal stem cells and osteoblasts*. Thursday, 22 January 2026. 16:00 - 17:00 CET. CME accredited: No. [Register here](#).
- Boost your learning with ECTS eCampus! Join our live webinars, explore expert-led lectures, and discover more exciting resources. [Start today!](#)
- IHN Core Educational Curriculum Slide Toolkit. [Check it out](#).

Society's life:

- Don't miss Early Bird deadline to register for the **ECTS 2026 Congress in Girona**. [Register now](#)
- ECTS membership renewal for 2026 is now open: Be part of ECTS in 2026: become member of a dynamic community in the musculoskeletal field and take advantage from a wide range of benefits. [Join or renew your membership now – View the membership benefits](#)
- Let us know if you would like to be actively involved in ECTS activities and you may be called to be part in one of our committees or action groups. [Complete an online form here](#).

- Are you following us on social media? You can stay connected with the ECTS outside of this newsletter. We are regularly sharing updates, important deadlines and it is a great way to connect with your fellows too! [Facebook](#), [LinkedIn](#) and [new Bluesky](#).
- [Subscribe](#) to the ECTS Newsletters.

Job Opportunity:

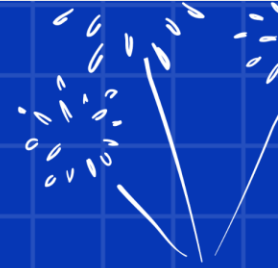
- Do you have an exciting job opportunity that you would like to share with the ECTS Community? [Submit your job posting here](#).

Suggested Reading:

- Making VFA part of standard clinical DXA assessment for osteoporosis care: recommendations from the international working group on DXA best practices. [The article in brief](#).



ECTS wishes you a prosperous New Year filled with success and new opportunities.



HAPPY NEW Year!



We look forward to welcoming you in Girona in April for the ECTS Congress



President's New Year Message. By Peter Pietschmann, ECTS President

Dear ECTS community,

I hope you had relaxing holidays and a good start of 2026. I would once again like to thank you all for your continued support of our society. Special thanks also go to the Newsletter Group for their year-round activities. I am sure you will enjoy the January newsletter.



I very much look forward to meeting you at the 2026 ECTS Congress in Girona.

Kind regards,

Peter Pietschmann, MD, Professor

ECTS President

ECTS Clinical Training Course on Metabolic Bone Diseases 2025. By Felix von Brackel and Elena Tsourdi

The ECTS Clinical Training Course on Metabolic Bone Diseases 2025 took place online on 14 and 17 November 2025 and brought together 47 participants from across Europe and beyond for two intensive and highly interactive days of clinical education.



Over two days, the course covered a wide range of topics in metabolic bone diseases, including osteoporosis and osteomalacia, parathyroid disorders, and secondary osteoporosis such as CKD-related, glucocorticoid-induced, and iron-related bone disease. Further sessions addressed challenging and rare conditions, including fracture healing under treatment, bone marrow edema, bone tumors, MTX-osteopathy, and osteogenesis imperfecta. In addition, practical workshops focused on DXA, advanced bone imaging, and modern treatment strategies, including anabolic and sequential therapies.

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Call for ECTS Members: Global Study on Primary Hyperparathyroidism (PHPT)

Join an international effort to study the prevalence of different presentations of hypercalcaemic hyperparathyroidism around the world.

Interested in Joining?

Help shape the future of PHPT research!

 Contact us at: ects-programme@ectsoc.org

 Deadline: 15.03.2026

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News from the world

News from the World: Bone health in a world of weight loss drugs. By Alanna Green

The emergence of GLP-1 agonists for the treatment of type 2 diabetes and obesity has reshaped the landscape of weight management. This raises an important question for the musculoskeletal community: What do weight loss drugs do to the skeleton?

Glucagon-like peptide-1 (GLP-1) receptor agonists (e.g. semaglutide) are medications that mimic the endogenous incretin hormone GLP-1 to control blood glucose in type 2 diabetes, and to promote weight loss in obesity through appetite suppression and slowed gastric emptying. These drugs have had health benefits to diabetic and obese patients, improving metabolism and function of many organ systems, most notably reducing the risk of heart attack, stroke and death.

[Read more](#)

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Announcements and Events from our Partner Societies

- **OIFE topical meeting 2026 - phases of adult life with OI.** June 18-21, 2026 in Copenhagen, Denmark. More info [here](#).

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